



## General

### You are required to:

- Fully comply with road traffic legislation
- Produce a valid driver's licence upon request of site officials
- Carry your SUD or Van Smart certificate at all times for inspection.
- If you haven't yet completed Safe Urban Driving (SUD) or Van Smart Training and you are required to deliver to any Tideway worksite or working area more than **3** times a year, please ask your employer to send you on SUD or Van Smart. This training is mandatory and you will not be allowed on site without it after your third trip to a Tideway site.

### Zero tolerance to:

- Taking a mobile phone call or using a tablet or other portable communication device whilst driving or on site
- Misuse or abuse of equipment provided for Health & Safety
- Drugs & Alcohol – You may be tested at the site
- Exceeding site speed limits, not adhering to site signage and/or not following instructions from authorised persons (Traffic Marshalls, Gate Security, Plant Attendant).
- Not co-operating with vehicle inspectors

### **Nearest Hospital A & E:**

The Royal London Hospital'  
Whitechapel Road, London, E1 1BB  
Tel: **0207 377 700**

## Before leaving your depot:

**Check the vehicle is compliant with Tideway vehicle safety requirements, and that warning systems are in order**

### Ask yourself:

**Is my vehicle booked in?  
You will be Turned Away**

**Do I have my valid SUD or Van Smart certificate?**

**Do I have my vehicle identifier displayed in the front of the vehicle?**

**Do I have my route plan to King Edward Memorial Park Foreshore site?**

**Have I been briefed on the known hazards along the route?**

**Is my driving licence valid for the type of vehicle I am going to drive?**

## Contacts

**Employer:**

**Tideway Contractor: CVB EAST**

**Tideway Helpdesk:**

**08000 30 80 80**

## Site Rules:

### Site DOs and DONTs

- **Do** follow instructions given by authorised persons (Security, Traffic Marshalls, Plant Attendants, Managers)
- **Do** operate your flashing amber beacon
- **Do** beware of height restrictions
- **Do** beware of site operations
- **Do** give right of way to pedestrians at all times
- **Do** eat and drink only in the Canteen or designated area
- **Do** look out for vulnerable road users as you access and leave the site
- **Driver** must wear full orange PPE on site
- **Do not** exceed the site speed limit
- **Do not** smoke unless in a designated area
- **Do not** create excessive noise unnecessarily
- **Do not** reverse on to the public highway
- **Do not** reverse on site without the help of a traffic marshal
- **Do not** wait or park on Glamis Road at any time





**CVB  
EAST**

Designated Routes for Access / Egress



**CVB  
EAST**

Worksite information:

**Address:**

Glamis Road,  
London,  
E1W 3EQ

**Do not use Sat-Nav** – adhere to the approved route

**Site access hours:**

Monday – Friday:  
➤ 08:00 to 18:00

Saturday:  
> 08:00 to 13:00

Sunday: No access

**Local Hazards:**

Beware of children crossing and other vulnerable road users

Left turn **ONLY** into Glamis Road & exit right turn **ONLY** onto A1203

Cycle routes in the area

**Make sure you are provided with an A4 size colour copy of the route map before you leave the depot.**



**NAME OF TRANSPORT COMPANY:**

\_\_\_\_\_

Name of employer’s representative who issued this information:

\_\_\_\_\_

Signature of employer’s representative:

\_\_\_\_\_

Date of issue by the employer and receipt by the driver: \_\_\_\_\_

**Name of driver:**

\_\_\_\_\_

**Signature of driver:**

\_\_\_\_\_